



Healthcare benefits		Amount of the healthcare benefit
AMBULATORY CONSULTATIONS		
Ambulatory consultations within the scope of:	internal medicine (internal medicine)	86 PLN
	family medicine	86 PLN
	paediatrics	86 PLN
	allergology	102 PLN
	anaesthesiology	102 PLN
	audiology	102 PLN
	general surgery	102 PLN
	vascular surgery	102 PLN
	oncologic surgery	102 PLN
	dermatology	102 PLN
	diabetology	102 PLN
	endocrinology	102 PLN
	gastroenterology	102 PLN
	gynaecology and obstetrics	102 PLN
	haematology	102 PLN
	hepatology	102 PLN
	cardiology	102 PLN
	infectious diseases	102 PLN
	rehabilitation	102 PLN
	nephrology	102 PLN
	neurosurgery	102 PLN
	neurology	102 PLN
	ophthalmology	102 PLN
	oncology	102 PLN
	orthopaedics	102 PLN
	otolaryngology	102 PLN
	proctology	102 PLN
	psychiatry	102 PLN
	psychology	102 PLN
	pulmonology	102 PLN
	radiology	102 PLN
	rheumatology	102 PLN
	traumatology	102 PLN
	urology	102 PLN
	venereology	102 PLN

Healthcare benefits		Amount of the healthcare benefit
Telemedicine consultations within the scope of :	internal medicine (internal medicine)	47 PLN
	family medicine	47 PLN
	paediatrics	47 PLN
	allergology	79 PLN
	general surgery	79 PLN
	dermatology	79 PLN
	diabetology	79 PLN
	endocrinology	79 PLN
	gynaecology	79 PLN
	haematology	79 PLN
	hepatology	79 PLN
	cardiology	79 PLN
	nephrology	79 PLN
	neurosurgery	79 PLN
	neurology	79 PLN
	oncology	79 PLN
	orthopaedics	79 PLN
	psychology	79 PLN
	pulmonology	79 PLN
	urology	79 PLN
EXAMINATIONS AND AMBULATORY PROCEDURES		
Allergology	desensitisation (without cost of medication administered)	55 PLN
Surgical	treatment of ingrown nail	204 PLN
	incision and drainage of an abscess/hematoma	157 PLN
	suturing a wound up to 3 cm	110 PLN
	suturing a wound of more than 3 cm	157 PLN
	removal of sutures	31 PLN
Gynaecological	collection of material for cytological examination	13 PLN
General medical	treatment of minor injuries (wounds, sprains, dislocations, uncomplicated fractures)	47 PLN
	collection of material for microbiological examination	20 PLN
	removal of ticks	35 PLN
	insertion of catheters	63 PLN
Ophthalmology	funduscopy examination	55 PLN
	visual acuity test	39 PLN
	visual field examination	42 PLN
	checking intraocular pressure	43 PLN
	selection of corrective lenses	67 PLN
Otolaryngology	removal of foreign body from eye	66 PLN
	ear dressing with medicine	38 PLN
	ear rinsing	38 PLN
	conservative management of nosebleeds	34 PLN
	ear-trumpet blowing	35 PLN
Nursing	removal of foreign body from ear/nose/throat	97 PLN
	injections: intramuscular, subcutaneous (at no cost to the patient)	22 PLN
	intravenous injection (without a cost of medicine)	25 PLN
	blood sampling	6 PLN
Urology	drip infusion connection	50 PLN
	catheterisation	63 PLN

Healthcare benefits		Amount of the healthcare benefit
OUTGOING MEDICAL CARE		
home visits within the scope of internal medicine/paediatrics		126 PLN
LABORATORY DIAGNOSTICS		
Biochemical blood tests	albumins	9 PLN
	alanine aminotransferase (ALT)	7 PLN
	aspartate aminotransferase (AST)	7 PLN
	amylase (pancreatic and/or salivary isoenzyme)	9 PLN
	apolipoprotein A1	37 PLN
	total protein	7 PLN
	C-reactive protein (CRP)	14 PLN
	direct bilirubin	7 PLN
	total bilirubin	7 PLN
	indirect bilirubin	9 PLN
	ceruloplasmin	44 PLN
	chlorides (Cl)	7 PLN
	cholesterol - HDL	7 PLN
	cholesterol - LDL	7 PLN
	total cholesterol	7 PLN
	lactate dehydrogenase (LDH)	9 PLN
	acetylcholine esterase	29 PLN
	ferritin	31 PLN
	alkaline phosphatase (AP)	7 PLN
	total acid phosphatase	11 PLN
	sterile phosphatase	17 PLN
	phosphorus	6 PLN
	phosphates	6 PLN
	gamma-glutamyl transpeptidase (GGTP)	7 PLN
	glucose	7 PLN
	glucose - oral glucose tolerance test / 1-hour glucose tolerance test	13 PLN
	glycated haemoglobin (HbA1C)	30 PLN
	phosphocreatine kinase	11 PLN
	phosphocreatine kinase isoenzyme (CK-MB)	22 PLN
	creatinine	7 PLN
	folic acid	34 PLN
	uric acid	7 PLN
	lipase	13 PLN
	lipid profile	24 PLN
	total magnesium (Mg)	7 PLN
	copper (Cu)	39 PLN
	urea	7 PLN
	osteocalcin	30 PLN
	potassium (K)	7 PLN
	proteinogram	23 PLN
	seromucoid	26 PLN
	sodium (Na)	7 PLN
	transferrin	30 PLN
	triglycerides	7 PLN
	troponin	39 PLN
	thyroglobulin	46 PLN

Healthcare benefits		Amount of the healthcare benefit
	total calcium (Ca)	9 PLN
	vitamin B12	24 PLN
	total iron binding capacity (TIBC)	17 PLN
	iron (Fe)	7 PLN
Serological and immunological blood tests	prostate specific antigen - total PSA	29 PLN
	anti-streptolysin O (ASO)	14 PLN
	antibody screening test	31 PLN
	rheumatoid factor (RF)	14 PLN
	immunoglobulin A - IgA	29 PLN
	immunoglobulin E, total - IgE	29 PLN
	immunoglobulin G - IgG	29 PLN
	Immunoglobulin M - IgM	29 PLN
	Coombs test BTA	27 PLN
	Waler-Rose reaction	20 PLN
	blood group A, B, O, Rh (D) with evaluation of haemolysins	31 PLN
	VDRL/USR/RPR test	11 PLN
	antithyroglobulin (ATG) antibodies	49 PLN
	anti-thyroid peroxidase antibodies (ATPO)	48 PLN
	anti-Helicobacter pylori antibodies	49 PLN
	anti - Borrelia IgG antibodies	57 PLN
	anti - Borrelia IgM antibodies	55 PLN
	anti-chlamydia pneumoniae IgA antibodies	57 PLN
	anti-Chlamydia pneumoniae IgM antibodies	57 PLN
	anti-Chlamydia pneumoniae IgG antibodies	57 PLN
	anti-Chlamydia trachomatis IgG antibodies	57 PLN
	antibodies against Chlamydia trachomatis IgM	57 PLN
	anti-Chlamydia trachomatis IgA antibodies	57 PLN
	antineutrophil cytoplasmic antibodies ANCA	86 PLN
	antinuclear antibodies ANA	57 PLN
	anti-rubella (rubella) IgM antibodies	47 PLN
	anti-rubella (rubella) IgG antibodies	45 PLN
	anti-toxoplasmosis gondii antibodies - IgM	44 PLN
	anti-toxoplasmosis gondii antibodies - IgG	43 PLN
	anti-CMV IgG (cytomegalovirus IgG)	53 PLN
	anti-CMV IgM (cytomegalovirus IgM)	52 PLN
	anti-CMV IgA (cytomegalovirus IgA)	52 PLN
	anti-Hbe antibodies	57 PLN
	anti-HCV antibodies	48 PLN
	anti-HBc antibodies (IgM)	57 PLN
	anti-HBs antibodies	42 PLN
	anti-infectious mononucleosis antibodies/EBV (IgM)	57 PLN
	anti-HIV - COMBO test (anti-HIV1, anti-HIV2, p24 antigen).	49 PLN
	hepatitis B e-antigen	37 PLN
	HBs antigen	20 PLN
	Salmonella spp.	102 PLN

Healthcare benefits		Amount of the healthcare benefit
Haematology and coagulation tests	D-Dimers	23 PLN
	Activated Partial Thromboplastin Time/APTT (APTT)	10 PLN
	bleeding time	5 PLN
	clotting time	6 PLN
	prothrombin time (PT)	10 PLN
	thrombin time	11 PLN
	absolute eosinophilia	7 PLN
	fibrinogen (FIBR)	14 PLN
	haemoglobin	19 PLN
	haematocrit	9 PLN
	blood count with complete differentiation of granulocytes	10 PLN
	blood count without smear	9 PLN
	leukocytes	8 PLN
	red blood cell count (ESR)	6 PLN
	platelets	11 PLN
	reticulocytes	8 PLN
Hormonal tests	ALA aminolaevulinic acid	49 PLN
	17-hydroxycorticosteroids	30 PLN
	adrenaline blood levels	69 PLN
	aldosterone	29 PLN
	androstenedione	29 PLN
	androsterone	20 PLN
	dehydroepiandrosterone sulphate DHEA-S	29 PLN
	oestradiol	29 PLN
	chorionic gonadotropin (HCG)	29 PLN
	adrenocorticotrophic hormone (ACTH)	29 PLN
	follicle stimulating hormone (FSH)	29 PLN
	luteinising hormone (LH)	29 PLN
	thyrotropic hormone (TSH)	26 PLN
	growth hormone (GH)	29 PLN
	insulin	29 PLN
	calcitonin	30 PLN
	cortisol	29 PLN
	parathormone (PTH)	29 PLN
	progesterone	29 PLN
	prolactin (PRL)	29 PLN
	prolactin (PRL) after metoclopramide	29 PLN
	testosterone	29 PLN
	total triiodothyronine (TT3)	28 PLN
	free triiodothyronine (fT3)	28 PLN
	total thyroxine (TT4)	29 PLN
	free thyroxine (fT4)	28 PLN

Healthcare benefits		Amount of the healthcare benefit
Bacteriological tests	total faecal culture	50 PLN
	faecal culture for Salmonella-Shigella	50 PLN
	urine culture with antibiogram	48 PLN
	semen culture	50 PLN
	sputum culture	50 PLN
	urethral swab culture	48 PLN
	pharyngeal swab culture	50 PLN
	pharyngeal swab culture with antibiogram	50 PLN
	cervical canal aspiration culture	50 PLN
	nasal swab culture	50 PLN
	rectal swab culture	50 PLN
	eye swab culture	50 PLN
	vaginal swab culture	50 PLN
	wound culture	50 PLN
	ear swab culture	50 PLN
	lesion swab culture	50 PLN
Mycological tests	mycological test with culture	42 PLN
	antifungal susceptibility test	41 PLN
Tumour markers	AFP	36 PLN
	CA 125 antigen (CA 125)	36 PLN
	CA 15-3 antigen (CA 15-3)	36 PLN
	CA 19-9 antigen (CA 19-9)	36 PLN
	carcinoembryonic antigen (CEA)	36 PLN
Urine analysis	amylase in urine	9 PLN
	general urine examination (profile)	7 PLN
	urinary protein	7 PLN
	urinary bilirubin	9 PLN
	urine urea nitrogen - daily excretion	7 PLN
	urinary ketones	6 PLN
	urinary phosphates - daily excretion	9 PLN
	urinary glucose	7 PLN
	urinary glucose - daily excretion	7 PLN
	urinary creatinine	7 PLN
	uric acid - daily excretion	7 PLN
	urinary magnesium	9 PLN
	urinary magnesium - daily excretion	7 PLN
	urinary potassium	9 PLN
	urinary potassium - daily excretion	7 PLN
	urinary sodium	9 PLN
	urinary sodium - daily excretion	5 PLN
	urinary calcium	7 PLN
Faecal tests	faecal examination	16 PLN
	stools for lamellae ELISA	20 PLN
	faecal occult blood	16 PLN
	faecal parasites/parasite eggs	14 PLN
	faecal food residues	16 PLN

Healthcare benefits		Amount of the healthcare benefit
SPECIALIST DIAGNOSTICS		
Audiometry	tonal audiometry	35 PLN
	impedance audiometry (tympogram)	35 PLN
Dual-energy X-ray absorptiometry	bone densitometry of both hands	71 PLN
	femur densitometry	71 PLN
	densitometry of the spine	71 PLN
Biopsy	fine-needle biopsy of the thyroid gland	157 PLN
	biopsy of a breast lump	157 PLN
EEG	EEG awake	110 PLN
	EEG Holter	110 PLN
EMG	EMG – examinations of single nerve sensory fibre conduction	102 PLN
X-RAY SCAN	2-sided mammography	110 PLN
	X-ray of the shoulder/arm	60 PLN
	X-ray of the skull	60 PLN
	X-ray of the salivary glands	60 PLN
	X-ray of uvula	60 PLN
	X-ray of lower limb	60 PLN
	X-ray of the upper limb	60 PLN
	X-ray of the ankle/foot/toe	60 PLN
	X-ray of the facial bones of the frontal region	62 PLN
	X-ray of the entire spine AP and lateral	60 PLN
	X-ray of the lumbosacral spine/sacral-caudal spine AP and lateral	60 PLN
	X-ray of the thoracic spine AP and lateral	60 PLN
	X-ray of the cervical spine AP and lateral	60 PLN
	X-ray of the larynx	60 PLN
	X-ray of the elbow/forearm	60 PLN
	X-ray of the shoulder	60 PLN
	X-ray of pelvis/hip	60 PLN
	X-ray of the sternum	60 PLN
	X-ray of wrist/hand/finger	60 PLN
	X-ray of the nose	56 PLN
	X-ray of the nasopharynx	60 PLN
	X-ray of the orbit	59 PLN
	X-ray of the thyroid	60 PLN
	plain X-ray of the abdominal cavity	60 PLN
	X-ray of the nasolacrimal duct	60 PLN
	X-ray of the joints	60 PLN
	X-ray of the jaw	52 PLN
	X-ray of soft tissues of the thorax	60 PLN
	X-ray of the thigh/knee/ankle	60 PLN
	X-ray of the sinuses of the nose	59 PLN
	X-ray of the ribs	60 PLN
	X-ray of the mandible	59 PLN
	rectal infusion - contrast medium	141 PLN
Echocardiography	echocardiography (ECHO) adults	141 PLN

Healthcare benefits		Amount of the healthcare benefit
Ultrasound scan	ultrasound of pregnancy	100 PLN
	small joint and ligament ultrasound	110 PLN
	gynaecological ultrasound, transabdominal	100 PLN
	transvaginal gynaecological ultrasound (transvaginal)	110 PLN
	prostate ultrasound (transabdominal)	100 PLN
	transrectal prostate ultrasound	110 PLN
	abdominal ultrasound	100 PLN
	testicular ultrasound	100 PLN
	laryngeal ultrasound	110 PLN
	small pelvis ultrasound	100 PLN
	muscle ultrasound	100 PLN
	carpal ultrasound	110 PLN
	finger ultrasound	110 PLN
	breast ultrasound	100 PLN
	gynaecological screening ultrasound	110 PLN
	shoulder joint ultrasound	110 PLN
	hip / knee joint ultrasound	110 PLN
	hip joint ultrasound in children	100 PLN
	ulnar joint ultrasound	110 PLN
	ankle joint ultrasound	110 PLN
	tendon ultrasound	110 PLN
	thyroid ultrasound	100 PLN
	soft tissue ultrasound	110 PLN
	urinary system ultrasound	100 PLN
	lymph node ultrasound	110 PLN
Doppler ultrasound scan	Doppler ultrasound of the limbs with veins and arteries (one limb)	110 PLN
	Doppler ultrasound of the limbs with veins and arteries (both limbs)	141 PLN
	Doppler ultrasound of limb with arteries (one limb)	110 PLN
	Doppler ultrasound of the limbs with arteries (both limbs)	110 PLN
	Doppler ultrasound of limb with veins (one limb)	110 PLN
	Doppler ultrasound of the limbs with veins (both limbs)	110 PLN
	Doppler ultrasound of the abdominal vessels	141 PLN
	Doppler ultrasound of the neck	141 PLN
	Doppler ultrasound of the renal arteries	141 PLN
ECG	ECG - 24-hour Holter measurement	110 PLN
	ECG exercise test	110 PLN
	resting ECG with description	31 PLN
Computed tomography	computed tomography of the entire spine	286 PLN
	computed tomography of the head	286 PLN
	computed tomography of the head - pituitary gland	286 PLN
	computed tomography of the abdomen	286 PLN
	computed tomography of the chest	286 PLN
	computed tomography of the bones	286 PLN
	computed tomography of the lumbar spine	286 PLN
	computed tomography of the thoracic spine	286 PLN
	computed tomography of the cervical spine/soft tissues of the neck	286 PLN



Healthcare benefits		Amount of the healthcare benefit
	computed tomography of the pelvis	286 PLN
	computed tomography of the wrist	286 PLN
	computed tomography of the orbits	286 PLN
	computed tomography of the lower leg	286 PLN
	computed tomography of the forearm	286 PLN
	computed tomography of the upper arm	286 PLN
	computed tomography of the hand	286 PLN
	computed tomography of the joints	286 PLN
	computed tomography of the foot	286 PLN
	computed tomography of the neck	286 PLN
	computed tomography of the thigh	286 PLN
	computed tomography of the ears/pyramids	286 PLN
	computed tomography of the sinuses	286 PLN
Magnetic resonance imaging	magnetic resonance imaging of the entire spine	472 PLN
	magnetic resonance imaging of the head	472 PLN
	magnetic resonance imaging of the abdominal cavity	472 PLN
	magnetic resonance imaging of the thorax	472 PLN
	magnetic resonance imaging of the lumbar spine	472 PLN
	magnetic resonance imaging of the thoracic spine	472 PLN
	magnetic resonance imaging of the cervical spine/soft tissues of the neck	472 PLN
	magnetic resonance imaging of the pelvis	472 PLN
	magnetic resonance imaging of the wrist	472 PLN
	magnetic resonance imaging of the orbits	472 PLN
	magnetic resonance imaging of the lower leg	472 PLN
	magnetic resonance imaging of the forearm	472 PLN
	magnetic resonance imaging of the pituitary gland	472 PLN
	magnetic resonance imaging of the arm	472 PLN
	magnetic resonance imaging of the hand	472 PLN
	magnetic resonance imaging of joints	472 PLN
	magnetic resonance imaging of the foot	472 PLN
	magnetic resonance imaging of the thigh	472 PLN
	magnetic resonance imaging of the sinuses	429 PLN
	magnetic resonance imaging of the thoracic spine	472 PLN
Endoscopic examinations (with specimen collection for histopathological examination )	anoscopy	137 PLN
	gastroscopy	204 PLN
	colonoscopy	204 PLN
	rectoscopy	186 PLN
	sigmoidoscopy	270 PLN
OTHER DIAGNOSTIC TESTS		
cytological examination		36 PLN
uroflowmetry examination		63 PLN
nasal exfoliation cytology		40 PLN
vaginal purity		36 PLN
intraocular pressure measurement		43 PLN
resting spirometry		41 PLN
urography		267 PLN

Healthcare benefits		Amount of the healthcare benefit
<b>ALLERGOLOGY</b>		
Allergy tests	allergy skin tests - mixed panel (paediatric)	220 PLN
	allergy skin tests - food panel	157 PLN
	skin allergy tests - inhalation panel	141 PLN
	allergy skin prick tests (1 point)	13 PLN
<b>IMMUNISATION (CONSULTATION, VACCINATION, INJECTION )</b>		
	tetanus anatoxin	47 PLN
	hepatitis A vaccination	157 PLN
	hepatitis B vaccination	94 PLN
	influenza vaccination	47 PLN
<b>REHABILITACJA LECZNICZA</b>		
Physical therapy	electrostimulation	18 PLN
	electroplating	16 PLN
	iontophoresis	16 PLN
	spot laser therapy	18 PLN
	magnetotherapy	18 PLN
	diadynamic currents	16 PLN
	interference currents	18 PLN
	TENS currents	16 PLN
	Trabert currents	15 PLN
	Sollux	15 PLN
	local ultrasound	18 PLN
Kinesiotherapy	passive exercises	24 PLN
	free non-weight-bearing exercises	24 PLN
	free active exercises	24 PLN
	active exercises with resistance	24 PLN
	isometric exercises	24 PLN
	partial dry massage	24 PLN
	mobilisations and manipulations, neuromobilisations	24 PLN
	tractions	24 PLN
<b>DENTAL CARE</b>		
	dental check-up (dental examination)	47 PLN